



www.themedicalcenter10kclassic.com

Preparations are underway for the 32nd running of *The Medical Center 10K Classic* on October 15! *The Medical Center 10K Classic* has a tremendous economic impact on our community as thousands of spectators, participants, and volunteers will be involved in this year's activities. The **10K Church Challenge** is just another way for your members to participate through community involvement. Below is information on this year's **10K Church Challenge**.

The Medical Center 10K Classic Church Challenge

We encourage you to participate in the **10K Church Challenge** by doing one or more of the following:

- Find one or two volunteers to spearhead your church's participation
- **Receive a discount of \$5 off individual or family plan fee before Early Bird deadline of September 16.** No discount will be given after Early Bird deadline!
- Distribute entry forms to fellow members
- Place 10K posters in fellowship areas or display on doors

If there is a challenge then there must be a **WINNER!** The church that recruits the most members will receive the following:

- Church name and logo added to the official *The Medical Center 10K Classic* web site
- Option to display banner with church logo at the Health & Fitness Expo and the Finish Line (banner to be provided by church)
- Recognition at the awards ceremony
- Special team short-sleeved t-shirts featuring the church name and logo

We will have two categories: churches with less than 250 members and churches with 250+ members. All forms and payment must be turned in by **Friday, September 16th at 3 p.m.** at The Medical Center Health & Wellness Center located at the front of the Greenwood Mall (outside entrance only). Family and friends can count towards your church participation as long as all entry forms are turned in together. Participants are allowed to sign up for the 1.5 mile walk, 5K run, 10K wheelchair race or the 10K Classic to count toward your church's participation.

For Entry Forms:

To obtain information and packets for this year's 10K Church Challenge, please contact Andrea Norris at (270) 745-1503 or email norram@chc.net.

Participant Perks

From the professional runner to the leisurely walker, *The Medical Center 10K Classic* offers everyone an opportunity to be involved. The Early Bird entry fee for any walking or running event is \$25 when received before Friday, September 16. All participants will receive the following:

- Free Pasta Party dinner on Friday night at the Sloan Convention Center
- Long-sleeve T-shirt with the official *The Medical Center 10K Classic* design
- Breakfast snack on the morning of Race Day
- Snack and entertainment at the Finish Line on Race Day
- An opportunity to share in the cash drawing during the Awards Ceremony.
- An opportunity to win \$1,000 cash in a random drawing for all entries received by September 16, 2011.

I hope you will encourage your church's participation in the 32nd running of *The Medical Center 10K Classic*. Your support is a great way to communicate the importance of good health while building morale and enthusiasm in the community. We look forward to hearing from you!

The Medical Center 10K Classic Church Challenge

- Count us in for The Medical Center 10K Classic Church Challenge!
 No, we are unable participate this year.

Church _____

Coordinator _____ E-mail _____ Phone _____

Asst. Coordinator _____ E-mail _____ Phone _____

Church Address _____

City _____ State _____ Zip _____

We are interested in promoting The Medical Center 10K Classic:

- Race brochures needed # _____
 Place posters in the fellowship areas/doors. Please send _____ posters.

Please mail/fax this form by August 26, 2011.

The Medical Center Health & Wellness Center

2625 Scottsville Rd., Suite 608

Bowling Green, KY 42104

Fax: (270) 745-0683

Attn: Andrea Norris

The Medical Center 10K Classic- Church Challenge